

Tobacco Cessation Treatment Services Available in Rhode Island



QuitNowRI.com

Smokers' Quitline

1-800-QUIT-NOW
1-800-784-8669

Free cessation information, multi-session telephone counseling, and self-help materials.

Tobacco Treatment Services

Women & Infants
Family Van Program
401-277-3629

In-person assistance in registering for Quitline services. Limited nicotine replacement therapy and quit materials.

Private Health Insurance Coverage

Mandatory cessation coverage, not including self-insured plans. Quit medications, nicotine replacement therapy, and counseling. Restrictions may apply. Call the phone number listed on your health insurance card for details.

Medicaid Cessation Services

401-462-5300
DHS Info Line

Mandatory cessation coverage for Managed Care and Fee-For-Service members. Quit medications, nicotine replacement therapy, and individual counseling. Restrictions may apply.

Mobile Tobacco Cessation and Treatment Program

401-519-1970

Free group or individual counseling and info sessions to uninsured and under-insured populations. Assessment services to create customized treatment plans. Free nicotine replacement therapy (restrictions apply) and quit materials available.

QuitWorks

quitworksri.org

Cessation education training available for healthcare providers as well as training on using the Smokers' Quitline fax-referral system.

Metro-Area Services

401-780-2520

Free quit support available to uninsured Providence residents. Call for a location near you. Providence Community Health Center members should call their health center directly for assistance.

State Employees Wellness Program

wellness.ri.gov

Financial incentive for state employees who use Quitline services. Must complete at least three counseling sessions. Full co-pay reimbursement for a two-month supply of nicotine replacement therapy may apply.

Tobacco use and nicotine addiction cause disease and death, but just knowing that doesn't make quitting smoking any easier. Why? Because nicotine causes addiction as powerful and self-enforcing as addiction to cocaine and heroin. Staying quit takes practice and the support of proven tobacco treatment therapies. **Quitting is hard, yes. But it's not impossible. We're here to help.**

Additional QUIT resources

Online quit support

becomeanex.org

smokefree.gov

American Lung Association

ffsonline.org

National Tobacco Cessation Collaborative

tobacco-cessation.org

CDC Office on Smoking and Health

cdc.gov/tobacco/osh

HARD, YES. IMPOSSIBLE, NO.

It's a fact. More than 70% of smokers want to quit, but less than 5% are actually successful in quitting independently. We have the resources to help you quit and stay quit.

Get the help you need.

See inside for quit resources available throughout Rhode Island.



**Tobacco Control
Program**

The Rhode Island Department of Health warns against the use of any tobacco or nicotine-delivery product that is marketed as a safe alternative to smoking but that is not regulated by the Federal Drug Administration as such. Many new products on the market claim to be 'harm reducing,' but there is no reliable science to substantiate this claim. The best advice is to quit use of all tobacco products.